

MENTAL HEALTH VOCABULARY

Name: _____

Match the words in the first column to the best available answer in the second column.

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|--------------------------|--|
| _____ Contagious | 1) can be spread or "caught" by one person from another |
| _____ Coping | 2) patterns of behavior and beliefs that characterize a group or organization |
| _____ Culture | 3) strong feelings (such as anger or joy or fear) that can cause mental and physical effects in the body |
| _____ Discrimination | 4) how we think or feel or act in order to face life's situations |
| _____ Emotions | 5) disorders of the brain that affect how a person feels or thinks or acts so that his or her moods and reactions may seem different or exaggerated from the moods and reactions of others |
| _____ Mental Illness | 6) less than average intellectual ability that affects school performance |
| _____ Mental Health | 7) using personal skills and learned ways of handling problems to deal with new or stressful situations |
| _____ Mental Retardation | 8) treating some people better or worse than others without a fair reason |
| _____ Stereotype | 9) an idea that many people might have about something or a certain group of people that may often be untrue or only partly true |
| _____ Stigma | 10) a label that marks someone with something shameful or embarrassing |

Solution

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