

# HOME-STUDY SKILLS

## Memory and Abstract Thinking

*Integration of silent speech and visualization skills, better known as thinking*

Silent speech is necessary to interpret abstract concepts and to process language once reading vocabulary exceeds speaking vocabulary (sixth-grade level). Auditory and visual input must be integrated to enable the storage of information into short-term memory for analytical use and the retrieval of information from long-term memory for verbal expression.



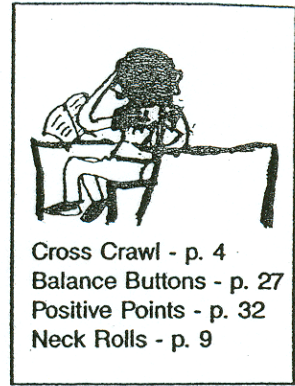
Cross Crawl



Balance Buttons



Positive Points



Cross Crawl - p. 4  
Balance Buttons - p. 27  
Positive Points - p. 32  
Neck Rolls - p. 9



Neck Rolls

## Creative Thinking

*Integration of what is presented by others with one's own life and thought*

Focus, attention, and concentration require integration of prior life experiences (actual, imaginary, or vicarious) and new information (received by the hindbrain and expressed in language through the forebrain), so that the new is processed and stored as personal knowledge.



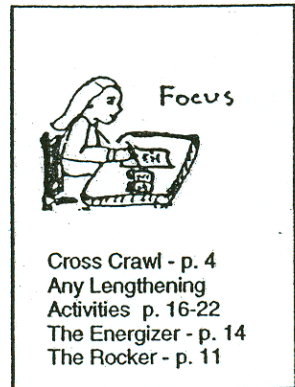
Cross Crawl



The Gravity Glider



The Energizer



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Any Lengthening Activities p. 16-22  
The Energizer - p. 14  
The Rocker - p. 11



The Rocker