

Ann, Here is Brain Gym info -

The basic 4 step pace is Water
Brain Buttons
Cross Crawl +
Hoops

There are lots of exercises for specific things also -

Publications of Edu-Kinesthetics, Inc.

I'd love to
talk to you
someday -

Joyce

Switching On: the Whole Brain Answer to Dyslexia

by Dr. Paul E. Dennison

Edu-K for Kids by Dennison and Dennison

Personalized Whole Brain Integration by Dennison and Dennison

Brain Gym® by Dennison and Dennison

Brain Gym® Teacher's Edition by Dennison and Dennison

Brain Gym® for Business: Instant Brain Boosters for

On-the-Job Success by Teplitz, Dennison and Dennison

The Learning Gym by Erich Ballinger

I am the Child: Using Brain Gym® with Children Who

Have Special Needs by Cecilia Freeman and Gail Dennison

Brain Gym® Surfer by Sandra Hinsley

Vision Gym: Playful Movements for Natural Seeing (card set
and booklet) by Dennison and Dennison

Integrated Movements (audio tape) by Dennison and Dennison

A New Paradigm in Reading Instruction (video tape)

with Dr. Paul E. Dennison

*Hands On: A Practical Photo Manual for Educators, Parents,
and Learners* by Isabel Cohen and Marcelle Goldsmith

Visit our www.braingym.com Web site for product descriptions
and pricing.

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