# **Behavior Problems/Violence**

### Note

If you see the telephone symbol ( ) next to any sign below occurring in the student, call for help (EMS/9-1-1, school nurse, first aid-trained staff).

#### Look for

- Uncontrolled rage
- A weapon
- Paranoia, e.g., irrational expectation to be hurt or taken advantage of
- Disturbed thinking, e.g., strange, irrational beliefs
- Hallucinations, e.g., experiencing a command to harm self/others
- Aggressive communication, e.g., threatens harm to self/others
- Disoriented, confused, frantic behaviors
- Extremely irritable, angry, worried, withdrawn

## **Listen for** statements about

- Suicidal intentions
- History of violence

#### Action

- 1. Be sure the scene is safe before approaching the student. Call EMS (9-1-1) and security/school crisis team for any signs of physical aggression and exposure of a weapon.
  - Do not intervene alone, challenge, argue, or make physical contact in this high-risk event.
  - Maintain an immediate exit route if interacting with this student, an open posture and stand at a 45 degree angle rather than face to face.
  - Attempt to involve people whom the student trusts.
  - For emergent communication, give clear, brief, assertive directions before any action.
  - Identify yourself as a concerned individual.
  - For non-emergent communication (non-violent, but agitated or highly anxious), speak calmly, slowly and in simple and concrete terms, remaining calm, patient, and neutral.
  - Acknowledge the student is upset; offer to help; talk about what is wrong.
  - Repeat, restate what student says to confirm understanding of student's thoughts and feelings.
  - Reassure student, as appropriate, regarding his/her safety.
  - When communicating through a translator, look at and talk to the person you are addressing, not at the translator.
- 2. For non-emergent students, walking may help dissipate intense anger.
- 3. Students with suicidal intent must be transported to the closest emergency facility.
- 4. Advise parents of need for professional evaluation.

Always follow school district policy when providing first aid or emergency care.