

Eye Injury

Note

If you see the telephone symbol (☎) next to any sign below occurring in the student, call for help (EMS/9-1-1, school nurse, first aid-trained staff).

Look for

☎ Visible abnormality of the eyeball

- Bleeding, excessive tearing
- Increased redness
- Bleeding on the white part of the eye

Listen for *statements about*

- Trauma to eye
- Changes in vision
- Persistent pain

Action

1. For any sign above you see or hear, call school nurse and parent. If a nurse is unavailable, share with parent the need for immediate medical attention.
2. Student may apply cold compress (wrapped in cloth), on 5 to 10 minutes and off 10 to 15 minutes.
3. **Do not** use chemical cold pack or ice near the eye, touch the eye, or put any pressure on the eye.

***Eye Injury information
is continued on the next page***

Always follow school district policy when providing first aid or emergency care.

Eye Injury *(continued)*

Chemicals in Eye

Action

1. Delegate a call to the Poison Help Hotline (1-800-222-1222), giving the caller the name of the chemical and a brief description of the incident.
2. If unable to reach the Poison Center, follow first aid instructions listed on the chemical container.
3. Flush eye with lukewarm water or use eyewash station if available for minimum of 20 minutes. Be certain involved eye is open and turn head to side to allow water to run from the nose outward (not into the other eye).
4. When both eyes are involved, flush simultaneously by tipping the head back and pouring water into both eyes.
5. Relay information to the next level of provider detailing the substance that caused the burn and the treatment given to the student and provide chemical container.
6. Wash hands thoroughly with soap and water.
7. **Do not** touch the eye or put any pressure on the eye.

Irritation Felt/Foreign Body in Eye

Action

1. Have student blink several times. If irritation persists, take next action steps.
2. Remind student to avoid rubbing the eye.
3. Wash your hands thoroughly before touching eyelids or flushing the eye.
4. **Do not** touch, press, or rub the eye.
5. Tilt the head with the affected eye down and gently flush (with lukewarm water or use eyewash station if available) from nose outward.
6. If particle remains or student complains of discomfort or vision problems, call school nurse and parent. If a nurse is unavailable, share with parent the need for immediate medical attention.



Object Penetrates the Eye

Action

1. Call for help (EMS/9-1-1, and school nurse, first aid-trained staff).
2. **Do not** attempt removal of object, touch the eye or put any pressure on the eye.
3. Use calm, quiet, voice to support student.
4. Student may assume position of comfort, preferably with head slightly elevated, as possible.
5. A large object should be supported with dressings to minimize random movement.
6. Cover the injured eye with a paper cup large enough to cover and not press upon the foreign object. Cover the uninjured eye with a loose pad. Tape loosely in place.
7. Notify parent of need for immediate medical attention.

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