

Automated External Defibrillator (AED)

Note

If you see the telephone symbol (☎) next to any sign below occurring in the student, call for help (EMS/9-1-1, school nurse, first aid-trained staff).

Look for

- ☎ Unresponsive
- ☎ Cannot get the student to respond; student not able to follow directions or think clearly
- ☎ Absence of breathing (occasional gasping, snorting, or gurgling sounds are not normal breathing)

Action

1. Assess the scene for safety before approaching or moving the student.
2. Assess for responsiveness (tap shoulder firmly; shout “Are you ok?”).
3. If unresponsive, activate EMS (9-1-1) and retrieve AED, if available.
 - a. Delegate to someone if others are available.
 - b. If alone with an unresponsive child who does not appear to have reached puberty, give about 2 minutes of care first, and then call 9-1-1. For an older child, activate EMS (9-1-1), get an AED if available, and then return to the child quickly.
4. Assess the student for normal breathing. If student is not breathing or only gasping, perform CPR (p.37) until AED arrives and is ready to use.
5. Turn on AED.
6. Stop CPR only when necessary. If two trained providers are available, keep performing CPR while the pads are placed.
7. Follow the voice prompts from the AED:
 - a. Remove enough clothing to expose the student’s bare chest. If chest is wet/sweaty, dry with dressing, towel, or clothing.
 - b. Remove the protective covering from the electrode pad cartridge, one pad at a time.
 - c. Place the pads firmly on the student, following placement instructions on the pads.
 - d. Stand clear of the student. No one should be touching the student.
 - e. If a shock is delivered or no shock advised, immediately resume CPR beginning with chest compressions.
 - f. Continue to follow the voice prompts of the AED until EMS arrives. Minimize interruptions of CPR.

Always follow school district policy when providing first aid or emergency care.

