

# LAUNCH Young Child Wellness Council

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June 7, 2011

## MEETING NOTES

**YCWC Attendees:** Jeanne Lemieux (Child Care Resource & Referral -CCRR), Angela Frome (NW Down Syndrome Assoc – NWDSA), Jean Rystrom (Kaiser Permanente), Meg McElroy (Portland Children's Levy - PCL), Bruce Spilde (Mult. County Mental Health), Tawna Sanchez (Native American Youth Association - NAYA), Barbara Ferre (pediatrician), Julie Goodrich (Mult. Co. Health), Rob Abrams (MESD & Chair of Early Childhood Council), Ellyn Arwood (University of Portland), Sudarat Wongkittihraiwan (Immigrant and Refugee Community Organization – IRCO), Meg McElroy (Portland Children's Levy), Mary Geelan (CCFC staff)

**Working Group (staff & contractors):** Carolyn Jones, Naomi Bledsoe, Elana Emlen (MESD), Callie Lambarth, Bill Baney, Beth Green (PSU), Roberto Rivera (211info), Maureen Delongis (Morrison), Nancy Martin (Mult Co), **Facilitator:** Kamala Bremer

### Welcome and LAUNCH update

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Elana Emlen, the LAUNCH Young Child Wellness Coordinator, welcomed everyone, and members introduced themselves.

Elana introduced Carolyn Jones, the LAUNCH Positive Behavior Support Specialist who was just hired and completes the LAUNCH team at MESD.

The Strategic Plan was submitted to the Substance Abuse and Mental Health Services Administration for the June 1 deadline, and a revised version will be submitted after this meeting. Elana explained that she took input from the previous meeting and incorporated it into the Strategic Plan, using the templates provided by SAMHSA. Two key points made by the Council – alignment and describing the components of wellness – were woven in throughout the Plan.

After the meeting today, Elana will revise the Strategic Plan and work with the Evaluation Team to craft a Logic Model to be sent to SAMHSA.

Callie Lambarth reminded everyone to fill out the survey, which will give the Evaluation Team a baseline.

### Mission, Vision, Values

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Our facilitator, Kamala Bremer, led the Council through reviewing the Mission, Vision and Values. This is the result of that work:

- **Mission: Expand and connect community resources to improve young child wellness.**
- **Vision: Young children and their families thrive in an inclusive community that embraces and supports wellness.**
- **We Value**
  - **Wellness- we value physical, mental and emotional health for *all* young children**

- **Alignment – we connect and expand on existing programs and partnership efforts**
- **Education – we educate children, families, and the workforce that serves them**
- **Cultural and linguistic responsiveness – we embed cultural and linguistic responsiveness in all our efforts**
- **Evaluation – we measure and share results to support continuous learning and improvement**
- **Child and Family Focus – we center our work on improving services and programs for children and families**
- **Family voice and choice – we hear and prioritize family perspective at all levels**
- **Sustainability – we enhance and expand capacity for long-term improved community support**

### **Goals and Objectives**

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The Council looked at a summarized version of the Strategic Plan to approve or modify the goals, objectives, strategies, and activities. The revised version of that Summarized Strategic Plan is attached.

### **Work plan for the Young Child Wellness Council**

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Kamala explained that the Council would identify what it wants to accomplish, in addition to providing oversight to the LAUNCH services in the Strategic Plan. The Council divided into four groups, who wrote the following ideas on flip-charts:

- *Define the YCWC active role in decision making and advising on implementation of LAUNCH objectives (and budget?)*
- *Receive and reflect on LAUNCH evaluator's reports.*
- *Receive and reflect on LAUNCH topic-specific subgroups*
- *Advocate for young child wellness services, causes, etc.*
- *Connecting with community organizations, law enforcement, SUN, Library and publicize project*
- *Advise project*
- *Improve community understanding of ECMH*
- *Promote, education ECMH as part of wellness*
- *Advocate for EC wellness. Educate re PBIS, selves and community*
- *Tracking and connecting with other local, state, federal efforts and alignment (EEC, screenings, addictions.... Working group?)*
- *Marketing LAUNCH, awareness of child wellness, PBIS, shared values, benefits, outreach.*
- *Connecting – systems, parents and resources, professionals, providers, partners*
- *Noticing/Learning Who is not here? Whose voices are not heard? Trainings – shared knowledge/content experts*
- *Advise – Define definition and job of YCWC as it relates to contractors and ECC*
- *Help to narrow focus – pretty broad project*
- *Outreach – what are the key messages of the project to the community. Think sustainability. New people around table – build from there – come together – share.*
- *Assure that the project is inclusive of all – not just socio-economic risk population. Other factors influence families and their needs*
- *Define wellness*

- *Advocate – same screenings across systems*

The Council identified the ideas that should be incorporated into the Young Child Wellness Council work plan.

Soon/Now

- Define the role of the Young Child Wellness Council, its authority and responsibilities.
- Track what is going on elsewhere that is relevant to our LAUNCH work, and share this information.
- Marketing – publicize LAUNCH, connect the Young Child Wellness Council with the community

Begin to work on

- Advocate for young child wellness
- Sharing the content expertise of LAUNCH, and also staying aware of who is not “at the table.”
- “Narrow the focus of what we are looking at.”

Lay the groundwork this year, but work on later

- Sustainability (note, many also suggested incorporating this from the start. Can do both.)
- Connecting
- Improved community understanding of early childhood mental health.

**Next steps:** Elana will write a draft work plan, and Maureen DeLongis, Jean Rystrom, Rob Abrams, and Jeanne Lemieux will provide feedback. It will be sent to the YCWC before the next meeting.

### **Next YCWC Meeting**

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TBA, based on member response to the survey of when people can meet.